



Karen Mareck Grundy, Artistic/Executive Director

FOR IMMEDIATE RELEASE

MEDIA CONTACTS:

Caitlin Sloan: 573.825.0095; caitlin@missouricontemporaryballet.org

Chelsea Dodds: 573.219.7134; chelsea@missouricontemporaryballet.org

**MISSOURI CONTEMPORARY BALLET PRESENTS
'CHOREOGRAPHIC INSTALLATION'**

FEATURING SIX NEW WORKS CHOREOGRAPHED BY THE DANCERS FOR THE DANCERS

NOVEMBER 30, 2018

**Missouri Contemporary Ballet Studios inside the Balsamo Warehouse
110 Orr Street, Suite 102
Columbia, MO 65201**

November 20, 2018 (COLUMBIA, MO) – Missouri Contemporary Ballet's 2018-2019 season continues with the annual 'Choreographic Installation', a performance featuring six new works choreographed by the MCB dancers for the dancers. This intimate evening of dance will be performed November 30th at the MCB Studios located in the North Village Arts District.

Once a year, the dancers are given the opportunity to expand their choreographic voice and create new pieces as part of the installation. Pieces vary in size from duets to full company works. The entire process takes two weeks from inception to the final performance.

Choreographers are responsible for every aspect of their piece including selecting music, casting dancers, designing costuming & lighting, and of course choreography. It is a group effort as the entire company works together to develop an exciting and engaging performance for our audience in a short period of time.

Choreographers for the 2018 installation include: Nicole Bell, Elise Mosbacher, Anthony Sigler, Meredith Green Soares, José Soares and Joshua Velazquez. MCB company member Anthony Sigler says of the experience "It's really fulfilling to choreograph on the dancers whom I dance with everyday. Knowing how they approach new work, each with their own strengths and skills, I feel I can infuse their individuality into the movement vocabulary."

Missouri Contemporary Ballet is known for giving dancers multiple platforms to explore their skills outside of dance performance. Many dancers are drawn to the company for these opportunities, which include choreography, dance instruction, arts administration and management experience. Former dancer and current Associate Executive Director/School Director Caitlin Sloan says “I feel so grateful to have had opportunities to learn additional skills beyond dancing with MCB. The career of a dancer is short and while the transition from being a professional dancer is never easy, it was gratifying to have been given enough experience to have a clear picture of where I was headed post performing.”

All performances of ‘Choreographic Installation’ will take place at the Missouri Contemporary Ballet Studios (110 Orr Street, Suite 102 Columbia, MO 65201):

November 30th @ 6 & 7:30p

Tickets are \$10 at the door. For further information visit missouricontemporaryballet.org

About Missouri Contemporary Ballet

Missouri Contemporary Ballet launched in 2006 with a bold vision that Mid-Missouri – and its vibrant and progressive arts scene – was ready for a professional dance company. Founded by Karen Mareck Grundy, the Company’s Artistic and Executive Director, MCB has since grown from a handful of dancers and annual performances to a multi-level operation with members, apprentices, and trainees, as well as a not-for-profit school and numerous outreach programs.

MCB is headquartered in a dedicated space in the Balsamo Warehouse on Orr Street in downtown Columbia. There we have multiple studios for Company rehearsal and classes for the community, as well as a black box performance studio. In 2015, as the Company entered its 10th anniversary season, we became a partner of the prestigious University of Missouri Concert Series.

Founded in 2011, the School of MCB cultivates the artistic and personal development of its students by providing a supportive environment of dance study. The School of MCB offers classes to dancers of all ages and levels of experience in a range of genres from classical ballet to jazz. The school stands alone in mid-Missouri as the only not-for-profit ballet school and the only school to offer instruction exclusively from professional dancers.

Off the stage and beyond the School, MCB serves the community through educational and outreach programs that promote creativity and fitness, and build appreciation for the arts. Programs are designed inclusively to introduce more people in our community to the art form of contemporary ballet.

For more information, please visit www.missouricontemporaryballet.org

Missouri Contemporary Ballet gratefully acknowledges the following institutional partners:

University of Missouri Concert Series
Missouri Orthopaedic Institute (13th season sponsor)
City of Columbia Office of Cultural Affairs
Missouri Arts Council